

Registration Form

NAME _____

ADDRESS _____

_____ POSTCODE _____

EMAIL _____

TEL. _____

Course Fees £50 per day (£30 concessions).

☐ **CHEQUE ENCLOSED FOR £** _____

OR

☐ Please send me a copy of the *Music as Therapy* Resource Pack, designed to support Music Therapists undertaking work on projects in unusual contexts. The pack comprises nine articles, including: Considering Different Roles, Setting up a Functioning Partnership, Cultural Orientation and Cultural Adjustment, Transferring Music Therapy Practice into Non-Western Settings, Practical Considerations and a wealth of other resources (Price £16.75)

All cheques should be made payable to *Music as Therapy* and sent to: *Music as Therapy*, The Co-op Centre, 11 Mowll Street, London SW9 6BG.

Music as Therapy is a small charity which has been developing the use of music therapy in Romania since 1995.

Our Core Activity has been the delivery of six-week Introductory Training projects led by professional Music Therapists. During each project, we work with local partners to identify ways in which a therapeutic music programme would enhance the provision currently being offered to the clients and use structured demonstration, discussion and written resources to share our skills. We leave behind the resources required to sustain the music programme.

In addition to this Core Activity, *Music as Therapy* provides ongoing support to our Local Partners following their initial training project. This support takes the form of an annual publication, support visits, facilitated networking or peer supervision, encouraging written reflection on locally run sessions and additional training opportunities.

Simultaneously, *Music as Therapy* works at a strategic level to support the emergence of music therapy as a recognised form of intervention for people with special needs, to steer recommendations for best practice and to consult on its ratification and delivery.

Recently we have been called upon to provide consultancy on several international music therapy projects and this international role is of growing importance in our work. We are always interested to hear of new initiatives reaching new communities.

Please get in touch!



Winner of the 2006 Charity Award for International Aid and Development



www.musicastherapy.org

Music as Therapy CPD Event



Working as an International Music Therapist: Cross-Cultural Concerns

Saturday 27th September 2008

10.30-4.00pm

Nordoff-Robbins Music Therapy Centre
2 Lissenden Gardens, London NW5 1PQ

*All proceeds go to the ongoing work of
Music as Therapy.*

Speakers

Helen Leith trained as a music therapist in 2005. Her professional life has been divided between social/welfare work and music. She now works as a music therapist with learning disabled adolescents and adults, female offenders and women caught up in pavement culture.

Judith Nockolds trained as a Music Therapist in 1989 at the Nordoff-Robbins Music Therapy Centre, London. She currently works as a Clinical Tutor and Clinical Supervisor on the Nordoff-Robbins Masters in Music Therapy Programme and as a Senior Clinician within Greenwich Teaching Primary Care Trust (GTPCT), specialising in Adolescent Mental Health within a Mainstream Secondary School setting.

Alexia Quin is the Founder and Director of *Music as Therapy* and works as a clinician for GTPCT in a Secondary School for adolescents with severe learning disabilities. Alexia consults on a number of overseas music therapy initiatives.

Claire Tillotson studied music therapy at Nordoff Robbins in London, following a career as a secondary schools music teacher. She currently works as a therapist at Riverside School, a school for children with profound and multiple learning difficulties in Bromley.

Alpha Woodward completed four years as the senior music therapist and team leader for the Pavarotti Music Centre in post-war Mostar BiH. She currently works as a freelance music therapist in Vancouver while pursuing her PhD in Leadership & Change at Antioch University, USA. Previously, she was the Professional Practice Leader for Music Therapy at Providence Health Care in Vancouver and the Co-Founder/Director of the Advanced Music Therapy Institute.

Programme

This CPD Event is being offered in response to interest shown by UK-based music therapists in exploring the issues of working in different countries and within different cultures. It will be of interest to anyone who is planning, currently involved in, or who has undertaken overseas work using their music therapy skills, or to international students undertaking music therapy training in the UK with a view to returning to practice abroad.

The day will be divided between presentations on a variety of international music therapy initiatives and an afternoon workshop where participants will have the opportunity to discuss the cultural and cross-cultural concerns of their own international work.

Each presentation will demonstrate ways in which music therapy is being used in contrasting cultural contexts. Participants and Speakers will then come together to look at the importance, challenges or even distractions of adapting one's approach to accommodate another country's culture. Focus will be given to sharing experiences of unusual work contexts and demands, and the impact these can have on our clinical approach.

Presentations

NGWINO TURIRIMBANE: A Music Therapy Skill-Sharing Project in Rwanda

Helen Leith & Judith Nockolds
This presentation will outline an ongoing project in Rwanda, which began in 2006 and is run by two UK-trained Music Therapists. It will explore the process by which this project has grown and developed over the past three years and how the need to address culture specific issues in a flexible and creative way has been paramount. The presentation will include video footage to illustrate salient points.

The Role of Music Therapy in War-Torn Palestine

Claire Tillotson
This presentation highlights a music therapy project which is taking place in Bethlehem, Palestine. It will reflect the challenges and obstacles faced with the emphasis on the cultural differences and religious backgrounds which have had to be negotiated as the speaker introduces music therapy to children who are suffering from the effects of trauma due to the current political situation in the Middle East. In addition to local training in the use of musical activities, the project team are hoping to identify a musician from Palestine who could train as a music therapist in the U.K. and take the profession back to Bethlehem.

Cross-Cultural Factors and Practice issues for Music Therapists working in Foreign Cultures

Alpha Woodward
Cross-cultural factors are both rewarding and challenging for international music therapists who must remain neutral, balanced and clinically effective in a damaged environment where a counter transference relationship may develop between therapist and community. From the perspective of four years experience working with children and adolescents in the post conflict regions of Bosnia & Herzegovina, the presenter will outline cultural challenges that impact positively and negatively on clinical sessions and lived experiences within the community. She will consider a range of topics, such as practice and leadership issues as well as personal adjustments to local cultural norms and customs that field workers may face.

If you have any enquiries about this CPD Event, please contact *Music as Therapy* direct:
alexiaquin@musicastherapy.org
Tel. 020 7735 3231